



YOUTH STUDY

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PARTICIPANT HANDOUT Session 6

Sabbath Keeping for Busy Teens: A Youth Lenten Study

Sabbath reminds us what is truly important

This Week

In this session, we will explore the idea that Sabbath provides time, space, energy, and imagination to help us see that the things we covet ultimately do not satisfy.

Scripture

1 Kings 21:1–29

Luke 12:13–34

Reflecting on How We Covet

- Identify a source of jealousy or greed in your own life.
- Think about how you can be less anxious about

this going forward. How does Sabbath play into seeking to covet less in our daily lives?

Prayer

God of Sabbath,
in a world where there are so many things to covet,
help us to remember that you call us to a better
way of life.

May we find, in the practice of Sabbath,
time and space to listen for your call.

As we go out into the world,
may we seek ways to share your love
with every neighbor we encounter.

Amen.

Case Study: The Rich Fool

A wealthy businesswoman learned one day that her investments had almost quadrupled in their worth. She thought to herself, “How wonderful! Now what will I do with all this money?” She went to the bank and met with an adviser. He showed her many options for stock portfolios and investment accounts, all of which would help her money to grow even more. She quickly realized that if she followed his advice, she would never have to work another day in her life. She invested the money, quit her job, and immediately booked a vacation at a luxury resort so that she could relax. She felt no guilt about not paying her housekeeper, personal trainer, or chef while she was on vacation. She also never considered any of the requests from local charities that sat unread in her mailbox or the financial adviser’s suggestion to set up a charitable foundation with her money. After all, she’d worked hard for what she had! What the woman did not realize was that within only a few weeks, her life would end and her fortune would remain tied up in a legal battle for years and years to come.

1. What are the barns we build, and what are the things we store in them?
2. How easy is it to find ourselves in the same position as the rich fool?
3. Jesus says, “Take care! Be on your guard against all kinds of greed; for one’s life does not consist in the abundance of possessions” (Luke 12:15). How do we live out this advice in our own lives?